



## IMPORTANT INFORMATION FOR HOTEL GUESTS

### FOOD AND DRINKS

Breakfast	07.15-10.00
Lunch	12.00-14.00
Dinner	18.00-21.00
Lobby bar	07.00-24.00
À la carte restaurant	12.00-20.30

### HOTEL TELEFON NUMBERS

Hotel reception	100
SPA reception	180
Lobby bar / Room service	145
Schedule of treatments	161

### TELEPHONECALL OUTSIDE THE SPA RESORT

For the option of telephoning outside the Spa resort, please, visit the hotel reception where the staff will activate the service for you.

### INTERNET CONNECTION

Free Wi-Fi is available throughout the entire hotel. Wifi name is ToL and password is "treeoflife".

### LIST OF TELEVISION CHANNELS AND RADIO STATIONS

You will see the current list of television and radio stations by switching on the television and pressing the round button in the middle of the remote control. Scroll through the list using the arrows, and use the same round button to switch to the selected channel or station. Exit the list by pressing the 'i' button.

### BRIEF INSTRUCTIONS FOR OPERATING THE AIR CONDITIONING IN THE ROOM

The air conditioning control panel is located on the bedroom wall, near the door to the corridor. By rotating left or right side, you will set the required temperature in the room. By pressing repeatedly, you will set automatic or manual operation, and the cooling intensity in manual operation mode.

### ROOM CHANGE

If the client requests a room change without proper reason, which may be technical or other problems that reduce the quality of the provided services, the hotel charges the client with the amount of 1.250 CZK / 52 EUR as a necessary cover for the costs associated with the moving to another room.

### FITNESS LABORATORY

Tree of Life guests can enjoy the Laboratory free of charge or for a fee which includes a personal trainer. Sessions with the trainer must be pre-ordered and paid for at the SPA reception desk.

Open daily from 08.30-20.30, excluding slots reserved for reconditioning exercises. Entry to the Laboratory is only possible in indoor gym footwear with light-coloured soles.

### ORGANIC & GARDEN SPA

MONDAY-THURSDAY	10.00-21.00
FRIDAY	10.00-22.00
SATURDAY	9.00-22.00
SUNDAY	9.00-21.00

Entrance to the Organic & Garden Spa is shared by men and woman and children over 10 years of age. Persons under 10 years of age are only allowed to enter when accompanied by an adult. Access to the sauna and relaxation zone with children is possible from Monday to Friday from 10.00 to 11:00 and on Saturdays and Sundays from 9.00 to 10.00.

Information on the times when private hire is possible, is available at the SPA reception or at the hotel reception.

Please enter the Organic & Garden Spa in a bathrobe and slippers and bring dark towels which you will bring back to your room after use. Towels are changed every day.

### SWIMMING POOL

Entrance free of charge for the Tree of Life guests in following time:

MONDAY-SUNDAY	6.00-20.30
---------------	------------

Except for times reserved for reconditioning exercises.

Information about times when the swimming pool is reserved for women only will be provided by the SPA reception (telephone number 180) or by the hotel reception (telephone number 100).

Please, enter the swimming pool in bathrobe and slippers, and have dark towels with you. Return the towels to your room after use; the towels are changed every day.

### HOUSEKEEPING

Change of bedclothes for stays longer than 7 day is every 4th day. Each additional exchange is charged 350 CZK/15 EUR for one bed.

Change of the towels in the room is according to the client's needs, maximum 1x daily. If the client requires extra towels or set of towels, we charge the amount of 250 CZK/11 EUR, in the case of a bathrobe 100 CZK/5 EUR.

Room cleaning is available every day. In the case of extraordinary room cleaning (if the pollution is higher), we charge 750 CZK/32 EUR.